

## The Society of Point of Care Ultrasound

The Society of Point of Care Ultrasound is the only national organization committed to clinical ultrasound. SPOCUS has become a leader by creating national policy, generalist guidelines, and ultrasound training so that every clinician can utilize sonography to provide the best patient care.

SPOCUS can support your goal of developing or improving the ultrasound presence in your institution by providing advice on curriculum integration, faculty training, and access to free text books and web based didactics.

A robust ultrasound presence can be created for students by providing personal ultrasound machines for \$65 per student per month.

SPOCUS can even connect you to a program mentor to establish a Student Ultrasound Interest Section (SUIS) as a student extracurricular activity.

SPOCUS can also provide advice with billing, credentialing, leadership, quality assurance, risk management and other administrative tasks, as well as help you formalize your current ultrasound practice presence so you can assume a leadership position in your organization.

## SPOCUS Membership

- Consulting and advice on machine purchase
- Mentorship for Students Ultrasound Interest Section (SUIS)
- Free remote peer training for faculty members, Train the Trainer Program
- "Clinical Ultrasound Director Leadership Packet," containing all the paperwork needed to formalize your practice ultrasound presence
- Generalist Clinical Ultrasound Guidelines
- Discounts to CME courses
- Society leadership and committee positions
- Publishing opportunities

[SPOCUS.org](http://SPOCUS.org)

## SPOCUS CME Workshops

Is your organization interested in hosting a hands on workshop at their next CME event? SPOCUS has a cadre of instructors with amazing teaching experience. Our team can custom design and plan a workshop that will get your members on the road to POCUS competency.

- Cardiac- Basic and Advanced
- Procedures/Needle Placement
- DVT
- Lung Ultrasound
- Musculoskeletal Ultrasound
- Gall Bladder
- Renal
- Bowel- Obstruction, Appendicitis, Pyloric Stenosis, Intussusception
- FAST
- Regional Anesthesia
- AAA
- Soft Tissue
- Gyn and First Trimester Pregnancy
- Thyroid
- Ocular
- Testicular
- Instrumentation and Physics

## Specialty Specific Courses

- Critical Care- Volume Assessment, Stroke Volume, Sepsis, Resuscitation
- Primary Care
- Pediatrics
- Faculty, Teaching and Medical Education
- Emergency Medicine
- Orthopedics
- Trauma

# Point of Care Ultrasound for Shoulder Dislocations

# SPOCUS

## The Society of Point of Care Ultrasound

[SPOCUS.org](http://SPOCUS.org)

[UltrasoundSociety.org](http://UltrasoundSociety.org)

Ultrasound has changed the way we approach shoulder dislocations. There is no reason to perform conscious sedation or post procedure monitoring. Regional anesthesia will keep your patient comfortable. Ultrasound can even diagnose the dislocation and easily differentiate between anterior and posterior dislocations, and provide your post reduction imaging.

Created by Patrick Bafuma, [EMinFocus.com](http://EMinFocus.com)  
and Nicolette LaRosa

## POCUS Conquers: Shoulder Dislocations

**Ideal for:** Emergency Medicine,  
Family Practice, Orthopedic  
Surgery, Urgent Care

### Ultrasonic Solution:

Your next patient clearly has a dislocated shoulder. Unfortunately the charge nurse has already warned you that procedural sedation is a frowned upon option due to staffing concerns. Fortunately, you've learned to use ultrasound to image and treat the shoulder dislocation! This technique can identify complications and fractures. An added bonus is performance of guided lidocaine injections. As an analgesic approach it has shown equivalence to procedural sedation for reduction success and patient satisfaction, as well as reduces the length of visit for the patient.

### Level of difficulty:

Ultrasound Guided Shoulder  
Blocks Intra-Articular,  
Anterscalene, or  
Suprascapular:

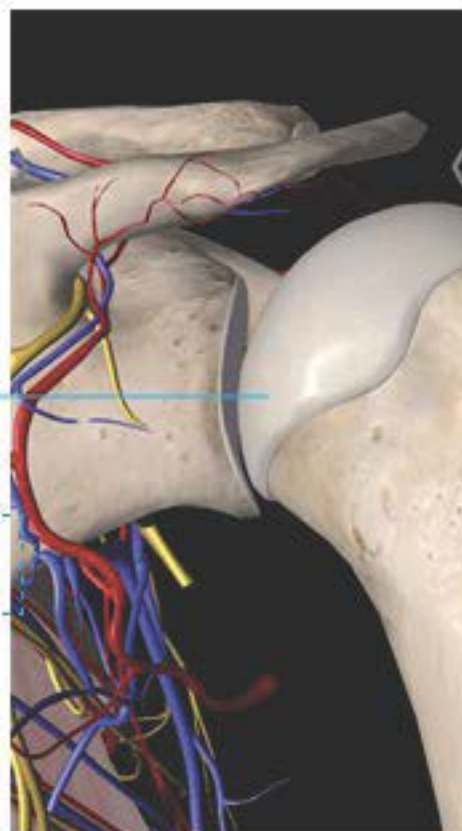


EMDocs.net

### Intact Right Shoulder



Suprascapular  
Nerve



EMDocs.net

### Shoulder Dislocation



Interscalene  
Brachial  
Plexus



Introduction to Bedside Ultrasound Vol I&II,  
By Mallin and Dawson  
[UltrasoundPodCast.com](http://UltrasoundPodCast.com)  
[UltrasoundLeadershipAcademy.com](http://UltrasoundLeadershipAcademy.com)



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