

The Society of Point of Care Ultrasound

The Society of Point of Care Ultrasound is the only national organization committed to clinical ultrasound. SPOCUS has become a leader by creating national policy, generalist guidelines, and ultrasound training so that every clinician can utilize sonography to provide the best patient care.

SPOCUS can support your goal of developing or improving the ultrasound presence in your institution by providing advice on curriculum integration, faculty training, and access to free text books and web based didactics.

A robust ultrasound presence can be created for students by providing personal ultrasound machines for \$65 per student per month. SPOCUS can even connect you to a program mentor to establish a Student Ultrasound Interest Section (SUIS) as a student extracurricular activity.

SPOCUS can also provide advice with billing, credentialing, leadership, quality assurance, risk management and other administrative tasks, as well as help you formalize your current ultrasound practice presence so you can assume a leadership position in your organization.

SPOCUS Membership

- Consulting and advice on machine purchase
- Mentorship for Students Ultrasound Interest Section (SUIS)
- Free remote peer training for faculty members, Train the Trainer Program
- "Clinical Ultrasound Director Leadership Packet," containing all the paperwork needed to formalize your practice ultrasound presence
- Generalist Clinical Ultrasound Guidelines
- Discounts to CME courses
- Society leadership and committee positions
- Publishing opportunities

SPOCUS.org

SPOCUS CME Workshops

Is your organization interested in hosting a hands on workshop at their next CME event? SPOCUS has a cadre of instructors with amazing teaching experience. Our team can custom design and plan a workshop that will get your members on the road to POCUS competency.

- Cardiac- Basic and Advanced
- Procedures/Needle Placement
- DVT
- Lung Ultrasound
- Musculoskeletal Ultrasound
- Gall Bladder
- Bowel- Obstruction, Appendicitis, Pyloric Stenosis, Intussusception
- FAST
- Regional Anesthesia
- AAA
- Soft Tissue
- Gyn and First Trimester Pregnancy
- Thyroid
- Ocular
- Testicular
- Instrumentation and Physics

Specialty Specific Courses

- Critical Care- Volume Assessment, Stroke Volume, Sepsis, Resuscitation
- Primary Care
- Pediatrics
- Faculty, Teaching and Medical Education
- Emergency Medicine
- Orthopedics
- Trauma

Point of Care Ultrasound for Joint Effusion

The logo for SPOCUS, featuring the word "SPOCUS" in a serif font. The letter "O" is replaced by a stylized ultrasound probe icon with a circular wave emanating from it.

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SPOCUS.org

UltrasoundSociety.org

Ultrasound has changed the way we approach the patient with a swollen joint. With the ability to visualize joint effusions, any area of the body can be safely needled, helping us quickly assess hip, knee, ankle, wrist, elbow, shoulder, and smaller joint fluid.

Created by Patrick Bafuma, EMinFocus.com
and Nicolette LaRosa

POCUS Conquers: Arthrocentesis

Ideal for: Emergency Medicine,
Internal Medicine, Surgery,
Urgent Care, Orthopedics

Ultrasonic Solution:

The giant water balloon of a knee is in room 3. The patient has made it clear that they greatly dislike needles. You also have not tapped that in a while. Fortunately, for all parties involved, ultrasound-guided arthrocentesis has demonstrated more accuracy and less pain (both during the procedure and two weeks post-procedure) compared to the landmark approach. Not to mention all the other benefits of ultrasound guidance: decreased procedure time, more fluid obtained, and providers felt it was an easier procedure to perform with ultrasound.

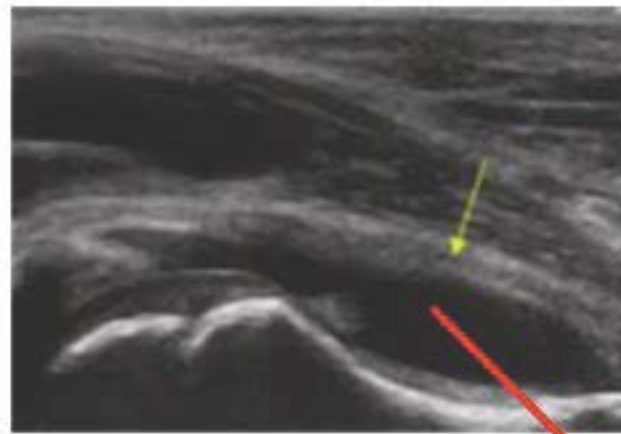
Level of difficulty:
Arthrocentesis:



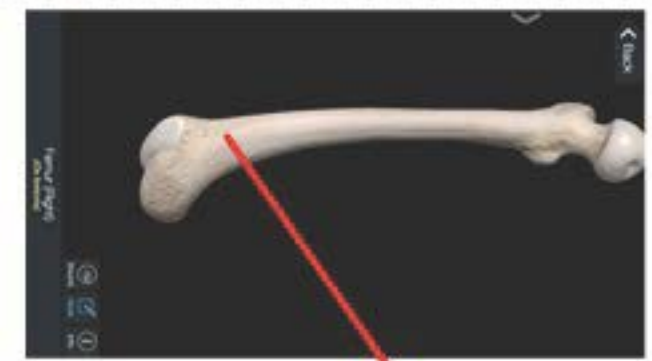
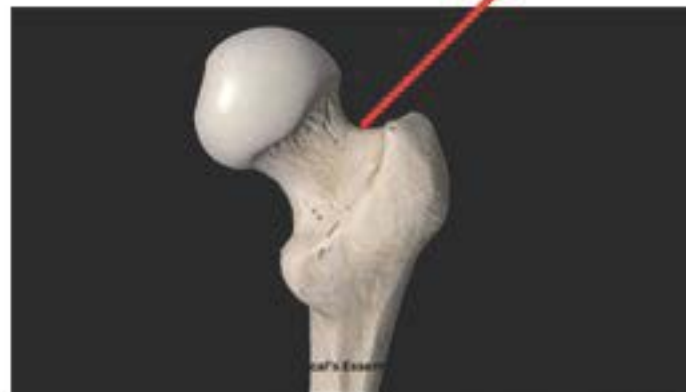
Normal Knee



Knee Effusion



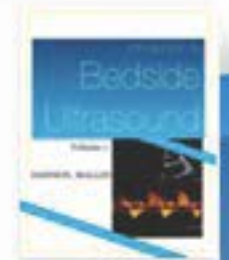
Hip Effusion



Knee Effusion



Introduction to Bedside Ultrasound Vol I&II,
By Mallin and Dawson
UltrasoundPodCast.com
UltrasoundLeadershipAcademy.com



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