### The Society of Point of Care Ultrasound

The Society of Point of Care Ultrasound is the only national organization committed to clinical ultrasound. SPOCUS has become a leader by creating national policy, generalist guidelines, and ultrasound training so that every clinician can utilize sonography to provide the best patient care.

SPOCUS can support your goal of developing or improving the ultrasound presence in your institution by providing advice on curriculum integration, faculty training, and access to free text books and web based didactics.

A robust ultrasound presence can be created for students by providing personal ultrasound machines for \$65 per student per month. SPOCUS can even connect you to a program mentor to establish a Student Ultrasound Interest Section (SUIS) as astudent extracurricular activity.

SPOCUS can also provide advice with billing, credentialing, leadership, quality assurance, risk management and other administrative tasks, as well as help you formalize your current ultrasound practice presence so you can assume a leadership position inyour organization.

### **SPOCUS Membership**

- Consulting and advice on machine purchase
- Mentorship for Students Ultrasound Interest Section (SUIS)
- Free remote peer training for faculty members,
  Train the Trainer Program
- "Clinical Ultrasound Director Leadership Packet," containing all the paperwork needed to formalize your practice ultrasound presence
- Generalist Clinical Ultrasound Guidelines
- Discounts to CME courses
- · Society leadership and committee positions
- · Publishing opportunities

### **SPOCUS CME Workshops**

If your organization is interested in hosting a hands on workshop at their next CME event, SPOCUS has a cadre of instructors with amazing teaching experience. Our team can custom design and plan a workshop that will get your members on the road to POCUS competency.

- Cardiac- Basic and Advanced
- Procedures/Needle Placement
- DVT
- Lung Ultrasound
- Musculoskeletal Ultrasound
- Gall Bladder
- Bowel- Obstruction, Appendicitis, Pyloric Stenosis, Intusscesception
- FAST
- · Regional Anesthesia
- AAA
- Soft Tissue
- · Gyn and First Trimester Pregnancy
- Thyroid
- Ocular
- Testicular
- Instrumentation and Physics

### **Specialty Specific Courses**

- Critical Care- Volume Assessment, Stroke Volume, Sepsis, Resuscitation
- Primary Care
- Pediatrics
- Faculty, Teaching and Medical Education
- Emergency Medicine
- Orthopedics
- Trauma

# Point of Care Ultrasound for Regional AnesthesiaFemoral Nerve Blocks



## The Society of Point of Care Ultrasound

SPOCUS.org UltrasoundSociety.org

Ultrasound has changed the way we approach pain management. With the ability to visualize peripheral nerves, any area of the body can be safely anesthetized providing instant relief from pain.

Fractures, reductions, burns, injuries, and post-op pain, can all be safely managed with regional anesthesia

Created by Patrick Bafuma, EMinFocus.com and Nicolette LaRosa

### POCUS Conquers: Hip Fractures

Ideal for:

Emergency Medicine, Internal Medicine, Orthopedic Surgery,

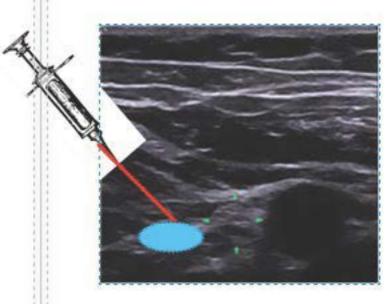
#### **Ultrasonic Solution:**

It's obvious looking at that shortened, externally rotated foot, that grandma broke her hip. You reflexively order 2mg of IV morphine (a subtherapeutic dose), knowing that movement for films is going to hurt. Why not try an ultrasound guided femoral nerve block? In fact, for hip fractures, femoral blocks have improved analgesia pre & post op. Analgesia has also improved ambulation on post op day 3, as well as walking and stair climbing abilities at 6 weeks. An added bonus is a 40% reduction in parenteral opiates in these patients.

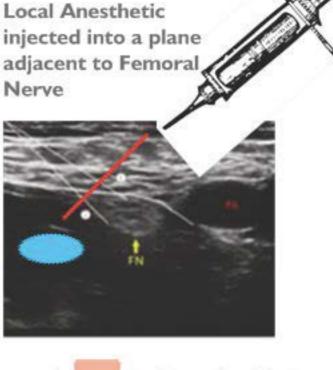
### Level of difficulty:

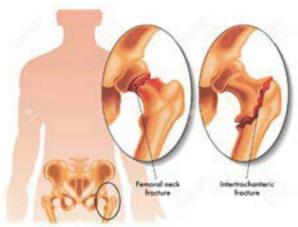
Ultrasound Guided Femoral Nerve Block:





Local Anesthetic injected into a plane adjacent to Femoral Nerve





Introduction to Bedside Ultrasound Vol I&II, By Mallin and Dawson UltrasoundPodCast.com UltrasoundLeadershipAcademy.com



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